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Annie Perrin
Senior Vice President
Facilitation &
Content



Annie Perrin is Senior Vice President of Facilitation & Content at The Energy Project, a company that helps individuals and organizations fuel energy, engagement, focus and productivity by harnessing the science of high performance.



Since joining the Energy Project in 2006, Annie has focused on facilitating our 16-hour core curriculum in large organizations, coaching senior executives and delivering keynotes. Annie has facilitated and coached senior leaders at organizations including Barclays Bank, Google, Sony Pictures Entertainment, the Cleveland Clinic and Wachovia Bank. She has also delivered keynotes at a range of organizations including Ernst and Young Women's Conference, the Visiting Nurses of New York and Morgan Stanley.

Prior to The Energy Project, Annie spent 15 years as a psychotherapist with a focus on trauma survivors. She spent seven years working with children at The Andrus Center in Yonkers, New York, and also worked with

survivors of 9/11. Annie has lectured about trauma and resilience at Columbia University and Manhattanville College, and has trained and supervised graduate students from New York University, Pratt and Hunter College. She is one of the co-authors of "Understanding The Dance Therapy Group".

In 2004, Annie was honored by the Sanctuary Institute with the "Sanctuary Hero Award" for her outstanding work in the field of trauma. Annie earned her Bachelor's degree in Education and a second undergraduate degree in Dance from Buffalo State College. She received her Master's degree in Dance Movement therapy from Hunter College. Annie is also a National Certified Counselor.

